

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Smokey BBQ Pulled Jackfruit

Vegan Roasted Vegetable Pasta (G/W)

Roasted Vegetable Casserole

DF Margherita Pizza (G/O*, W)

Vegan Nuggets & Chips (G/W)

S

SIDES



Steamed Rice with Sweetcorn & Green Beans

Peas & Sweetcorn

Rustic Roast Potatoes & Seasonal Vegetables

Homemade Potato Wedges & Baked Beans

Baked Beans or Peas

S

S

S

PASTA & JACKET



Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato with Baked Beans & DF Cheese

DF Mac & Cheese (G/W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Vegetable Pasta (CE, G/W)

PUD



AA Vanilla Cake

AA Berry Sponge

Vanilla Shortbread (G/W)

Fruit Jelly

AA Lemon Cake

S

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

31 AUG / 21 SEPT / 12 OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



**DF Roasted Butternut
Squash Topped Mac &
Cheese
(G/W)**

S

AA Vegetable Curry

S

**Lightly Spiced 'Plant
Based' Chickn**

S

**Veggie Hot Dog
(SE*, SO*, G/W)**

**Veggie Burger & Chips
(SE*, G/W)**

SIDES



Peas & Sweetcorn

S

**Steamed Rice with
Carrots & Green Beans**

S

**Paprika Diced Potatoes
& Sweetcorn**

S

**Homemade Potato
Wedges & Baked
Beans**

S

**Homemade
Potato Wedges &
Baked Beans**

S

PASTA & JACKET



**Jacket Potato
with Baked
Beans & DF
Cheese**

**Vegan Roasted
Vegetable Pasta
(G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

**Tomato &
Vegetable Pasta
(CE, G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

PUD



Fruit Jelly

**Chocolate Shortbread
Biscuit
(G/W)**

**Sticky Toffee Apple
Crumble
(G/W)**

S

AA Lemon Cake

Fruit Iced Lolly

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

**7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC**

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WEEKLY MENU

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MONDAY

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FRIDAY

THEME DAYS

MAIN



Veggie Cottage Pie

Sweet & Sour Roasted Vegetables

Veggie Sausage & Gravy (G/W)

Jerk Vegetable Curry (CE, G/B*, O*, R*, W*)

DF Margherita Pizza & Chips (G/W)

SIDES



Carrots & Green Beans

Steamed Rice & Green Beans

New Potatoes & Carrots

Rice & Peas

Beans or Peas

PASTA & JACKET



Jacket Potato with Baked Beans & DF Cheese

DF Mac & Cheese (G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato with Baked Beans & DF Cheese

PUD



AA Vanilla Cake

AA Berry Sponge

Vanilla Shortbread (G/W)

Mixed Berry Crumble (G/W)

AA Lemon Cake

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

14 SEPT / 5 OCT / 2
NOV / 23 NOV / 14 DEC

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