

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Smokey BBQ Chicken

Tuscan Sausage Pasta
(MK, SU, G/W)

Roast Chicken with Gravy

BBQ Chicken & Sweetcorn
Pizza
(MK, G/W)

Crispy Catch Fish & Chips
(F, G/B*, W)

VEGGIE



Smokey BBQ Pulled
Jackfruit

Tuscan Vegetable Pasta
(MK, G/W)

Cheesy Veggie Hot Pot with
Gravy
(CE, MK, G/W)

Cheesy Tomato Pizza
(MK, G/W)

Vegan Nuggets & Chips
(G/W)

V

S

S

V

SIDES



Steamed Rice with
Sweetcorn & Green Beans

Peas & Sweetcorn

Rustic Roast Potatoes &
Seasonal Vegetables

Homemade Potato Wedges
& Baked Beans

Baked Beans or Peas

V S

V S

V S

V S

V

PASTA & JACKET



Italian Tomato Twirl
Pasta
(CE, MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Tomato & Vegetable
Pasta
(CE, G/W)

S

V S

PUD



Iced Vanilla Sponge
(E, MK, SO*, G/W)

Mango Cheesecake
(E*, MK, SO*, G/B*, O*, R*,
W)

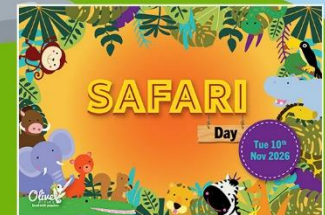
Vanilla Shortbread
(G/W)

Chocolate Mousse
(MK, SO*)

Lemon Drizzle Cake
(E, MK, SO*, SU, G/W)

V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

31 AUG / 21 SEP
12 OCT / 09 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

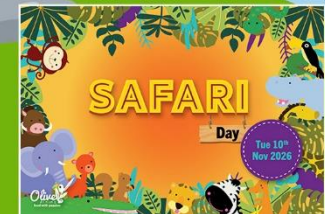
WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Ragu Topped Mac & Cheese (MK, G/W)	Mild Chicken Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced Chicken	Hot Dog (CE, SE*, SO*, SU, G/W)	Captain's Crispy Fish Fingers & Chips (F, G/W)
VEGGIE	Roasted Butternut Squash Topped Mac & Cheese (MK, G/W)	Mild Vegetable Tikka Masala (MK, G/B*, O*, R*, W*)	Lightly Spiced 'Plant Based' Chickn	Veggie Hot Dog (SE*, SO*, G/W)	Veggie Burger & Chips (SE*, G/W)
SIDES	Peas & Sweetcorn	Steamed Rice with Carrots & Green Beans	Paprika Diced Potatoes & Sweetcorn	Homemade Potato Wedges & Baked Beans	Homemade Potato Wedges & Baked Beans
PASTA & JACKET	Jacket Potato with a Choice of Fillings (E, F, MK)	Italian Tomato Twirl Pasta (CE, MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Vegetable Pasta (CE, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)
PUD	Summer Fruit Cheesecake (E*, MK, SO*, G/B*, O*, R*, W)	Chocolate Shortbread Biscuit (G/W)	Sticky Toffee Apple Crumble with Custard (MK, G/W)	Lemon & Cardamom Drizzle Cake with Vanilla Sauce (E, MK, SO*, SU, G/W)	Cool School Ice Cream (MK)
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

07 SEP / 28 SEP
19 OCT / 16 NOV / 07 DEC

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MONDAY

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THEME DAYS

MAIN



Beef Cottage Pie
(CE)

S

Sweet & Sour Chicken
(CE)

Butcher's Sausage & Gravy
(SU, G/W)

Jerk Chicken Curry
(CE)

S

Crispy Catch Fish & Chips
(F, G/B*, W)

VEGGIE



Veggie Cottage Pie

V S

Sweet & Sour Roasted
Vegetables

V S

Veggie Sausage & Gravy
(G/W)

V

Jerk Vegetable Curry
(CE, G/B*, O*, R*, W*)

Cheesy Pizza & Chips
(MK, G/W)

SIDES



Carrots & Green Beans

V S

Steamed Rice & Greens
Beans

V

Mashed Potato & Carrots
(MK)

S

Rice & Peas
(CE)

V S

Baked Beans or Peas

V

PASTA & JACKET



Jacket Potato with a
Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with a
Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

S

Jacket Potato with a
Choice of Fillings
(E, F, MK)

PUD



Iced Vanilla Sponge
(E, MK, SO*, G/W)

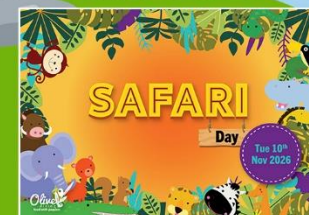
Mango Cheesecake
(E*, MK, SO*, G/B*, O*, R*,
W)

Oaty Crunch Cookie
(MK*, G/B*, O, W)

Mixed Berry Crumble with
Custard
(MK, G/W)

Lemon Drizzle Cake
(E, MK, SO*, SU, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

14 SEP / 05 OCT
02 NOV / 23 NOV / 14 DEC

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