

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Stir Fried Chickpeas & Vegetables

Vegetable Burger
(SE*, G/W)

Sticky BBQ Quorn & Vegetable Baguettes
(MU*, SE*, SO*, G/W)

Roasted Vegetable & Lentil Spaghetti Bolognese
(G/B*, W)

Vegan Nuggets & Chips
(G/W)



SIDES



Crispy Garlic Potatoes

Homemade Potato Wedges & Texan BBQ Baked Beans

Spicy Rice & Grilled Corn

Chef's Salad

Beans or Peas



PASTA & JACKET



DF Mac & Cheese
(G/O, W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Basil Pasta
(G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta
(G/W)



PUD



AA Vanilla Cake

Apple Crumble
(G/W)

Fruit Jelly

Chocolate Shortbread Biscuit
(G/W)

Peaches



Daily Salad Bar | Fresh Fruit

DATES

13 APR / 04 MAY / 01 JUN / 22 JUN / 13 JUL

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

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THEME DAYS

MAIN



**DF Cheese & Tomato
Pizza
(G/O, W)**

**Stir Fried Chickpeas &
Vegetables with
Steamed Rice**

**Jacket Potato with Baked
Beans & DF Cheese**

**Butternut Squash &
Spinach Tarkha Dahl
(CE, G/B*, O*, R*, W*)**

**Vegan Nuggets & Chips
(G/W)**



SIDES



**Homemade Potato
Wedges &
Sweetcorn**

Stir Fried Greens

Seasonal Greens

**Pilau Rice with Green
Beans & Sweetcorn**

Beans or Peas



**PASTA &
JACKET**



**DF Mac & Cheese
(G/O, W)**

**Jacket Potato with Baked
Beans & DF Cheese**

**Tomato & Basil
Pasta
(G/W)**

**Jacket Potato with Baked
Beans & DF Cheese**

**Vegan Roasted
Vegetable Pasta
(G/W)**



PUD



AA Chocolate Cake

AA Vanilla Cake

Fruit Jelly

AA Lemon Cake

Fruit Jelly



Daily Salad Bar | Fresh Fruit

DATES

**20 APR / 11 MAY / 08
JUN / 29 JUN / 20 JUL**

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Baked Cajun Chickpea & Pepper Fajitas
(MU, G/B*, O*, R*, W)

Roasted Vegetable & Lentil Spaghetti Bolognese
(G/B*, W)

Lemon & Herb Quorn Fillet
(G/W)

Jerk Quorn
(G/W)

Vegan Nuggets & Chips
(G/W)



SIDES



Vegetable & Bean Rice
(CE)

Chef's Salad

Rustic Roast Potatoes & Medley of Seasonal Vegetables

Rice & Peas

Beans or Peas



PASTA & JACKET



DF Mac & Cheese
(G/O, W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Basil Pasta
(G/W)

Jacket Potato with Baked Beans & DF Cheese

Vegan Roasted Vegetable Pasta
(G/W)



PUD



AA Lemon Cake

Summer Berry Crumble
(G/W)

AA Lemon Cake

Chocolate Shortbread Cookie
(G/W)

AA Chocolate Cake



Daily Salad Bar | Fresh Fruit

DATES

27 APR / 18 MAY /
15 JUN / 06 JUL

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